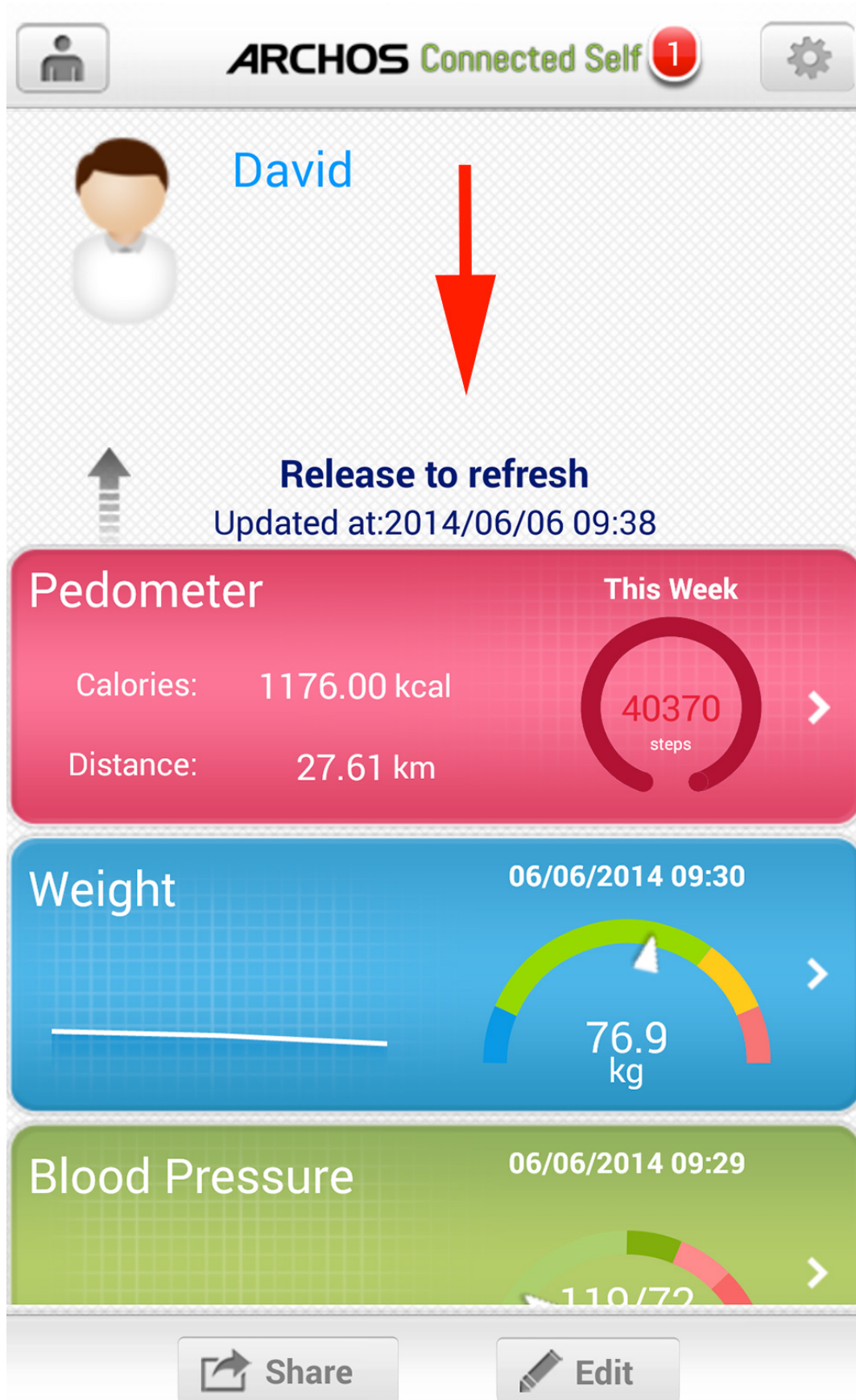


Activity Tracker

How do I manually synchronize data with the Connected Self Application?

In the main menu of the application just press and drag the center area of the screen towards the bottom like shown on the image below (red arrow showing where the drag should be).

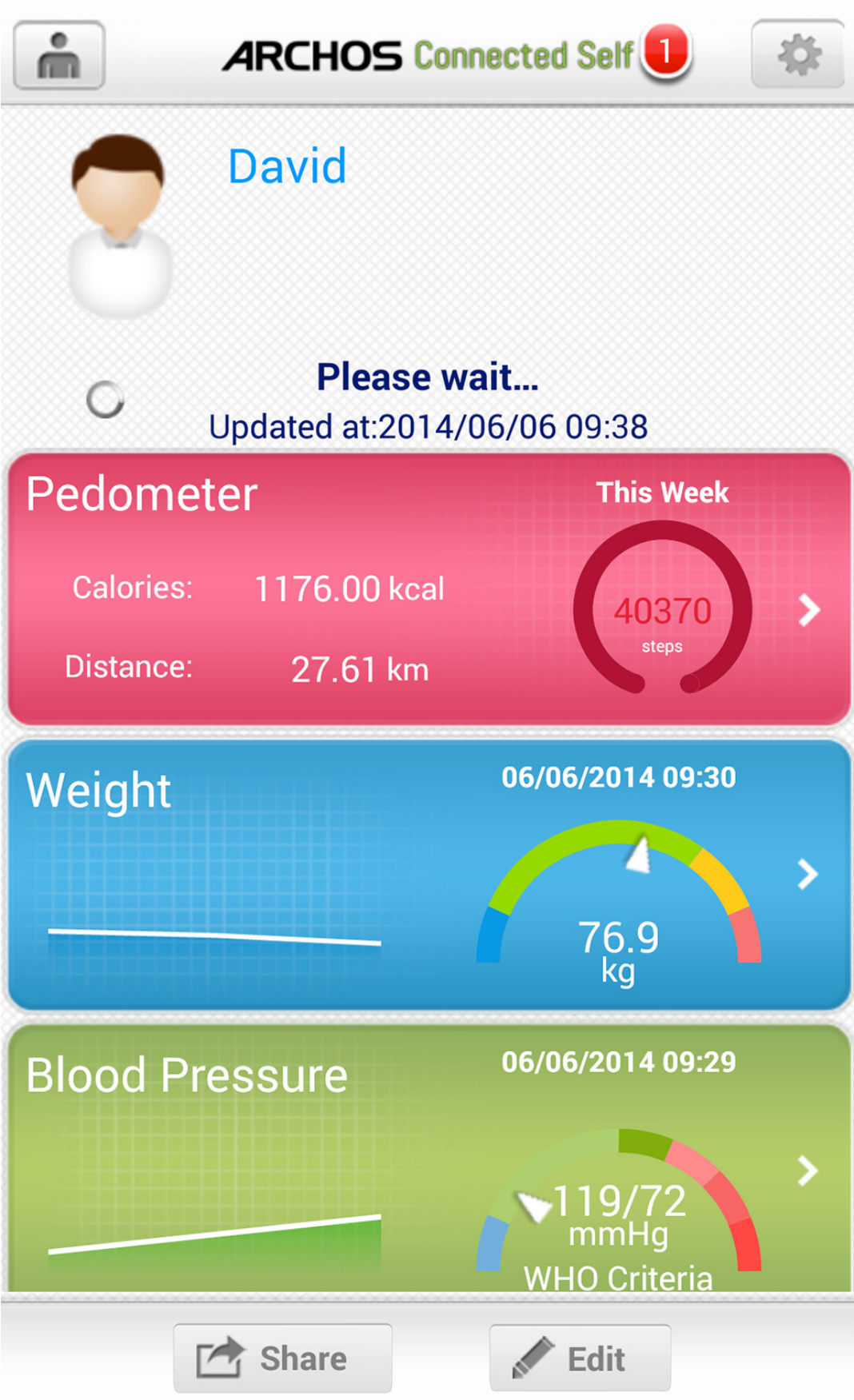
Activity Tracker



When the message to release show simply release the screen for the synchronization to take place. You may have to wait a couple of minutes for the

Activity Tracker

sync.



Activity Tracker

Unique solution ID: #1393

Author: Admin FAQ

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