
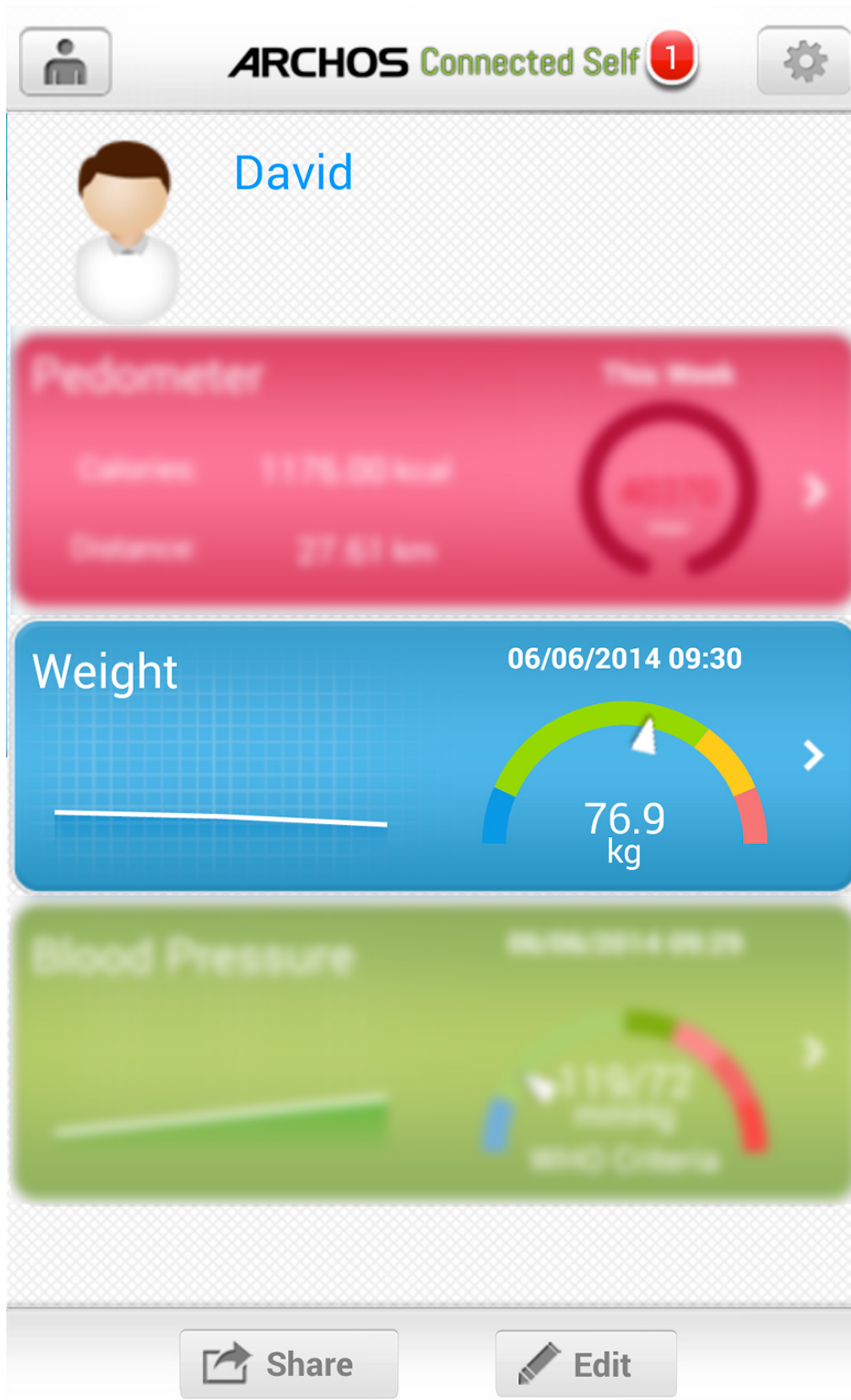


Connected Scale

How can I set a weight goal?

You can set a weight goal in the ARCHOS Connected Self  application. First you will need to press the section dedicated to the Connected Scale.

Connected Scale



In this new screen touch the "goal" button.

Connected Scale



Today




BMI:23.7 FatMass:23,5%



Share Goal Waistline


Connected Scale

You will need to activate the Goal mode in the top right.

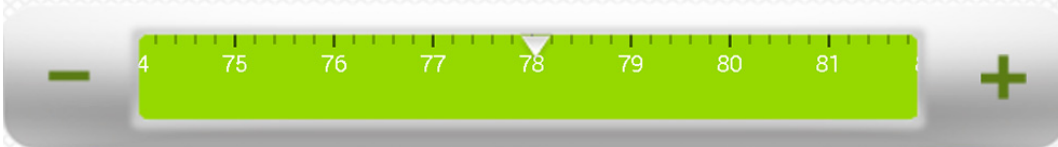


Goal

Target  



Goal: 78.0 kg



4 75 76 77 78 79 80 81

Target date 01/01/2015

Connected Scale

You then need to set your target weight goal by using the + and - buttons or drag the ruler to your desired weight then set the date you want to attain your target.

Unique solution ID: #1399

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